



Coaches Info Sheet

Who: We are looking for positive adults in our community to coach a team of 4-6 teenagers

What: Ninth Annual 3-on-3 Basketball Tournament

Where: Brooks Middle School

When: Practices: Feb 3-March 1; Tournament: Sunday, March 3, 2019

Why: Give teens a chance who otherwise wouldn't have an opportunity to play organized basketball.

Coaches duties:

- Offer high school or middle school students structured practices and the chance to improve their skills with their teams.
- Looking for men and women coaches for men and women's teams.
- Spend at least 3 practices working with their teams running drills, sharpening skills, and also building Character on the court. (You do not need to limit the practices to 3- if you are interested in running more that is awesome!)
- Creating a coaching mentor-ship relationship between players and coaches.

H₂O & 3on3 Basketball Committee:

- Supply coaches with anything needed regarding what to do during practice.
- Supply basketballs and cones and a few other practice-type equipment to check out and use for free.

Other info:

- The date for the mandatory Coaches Meeting will be **Thursday, January 31, from 6:30-7:30pm** to go over rules for tournament, expectations for coaches, practice ideas, as well as get your players names and contact info and select your practice schedule. This meeting will take place at the Bolingbrook Community Center, Suite B (201 Canterbury Lane, Bolingbrook). Please plan on attending. Food will be served.
- This year instead of a Coaches/Players orientation meeting the following Saturday, a 3on3 Basketball Committee member will be meeting during your first practice to go over the tournament rules and expectations with the entire team.
- Practices will be open between February 3 - March 1 at various church gyms and community courts around Bolingbrook and Romeoville. We again ask you to sign up for at least 3 practices with your team prior to the tournament.
- The tournament will be Sunday, March 3, at 1pm.