



## *Empowering Youth. Strengthening Communities.*

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Thursday, November 19, 2020

In cooperation with the recent statewide Tier 3 mitigation efforts, Heart Haven OutReach (H<sub>2</sub>O) has made the appropriate changes to our in-person support and mentoring programs beginning at 12:01 on Friday, November 20:

- **Large group programs (Real Life Support Groups, Good Clean Fun, Going Deeper)** – All of these programs will be offered in a digital format. Students will need to sign up ahead of time. This can sign up at [www.hearthavenoutreach.org/teen](http://www.hearthavenoutreach.org/teen). Students will need to sign up each day they plan on attending, at least 30 minutes before the start of that program. A link will be sent out by email and/or texted on how to join the program at least 5 minutes before it is about to begin. To see a complete list of programs, please download a calendar from the same webpage listed above.
- **1to1 and small groups mentoring** – we will offer 1to1 and small group mentoring in-person, limited to 9 students total. These mentoring sessions will only take place in outdoor settings and will be by appointment scheduled between the mentor and student. We will still offer digital mentoring sessions as well during this time.
- **Transportation** – we will not be providing transportation to and from our mentoring and small groups meetings. Students will need to find their own transportation for in-person mentoring.
- **Northern Illinois Food Bank meals** – we cannot provide meals at this time. We will continue to work with Northern Illinois Food Bank and keep you updated on any updates that will allow us to be able to provide food outside of our facility. If you need food at this time, please contact us at 630-226-8403 and we will help you connect with a local food pantry.

These changes to programs will be in place until the Tier 3 mitigation restrictions are lifted. We cannot wait to be able to offer our programs in-person again and will keep you informed as soon as this is possible.

Sincerely,

Ryan Lawrence  
Executive Director  
Heart Haven OutReach

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[www.HeartHavenOutReach.org](http://www.HeartHavenOutReach.org)

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