

# 12<sup>th</sup> Annual Heart Haven OutReach 3-on-3 Character Counts Basketball Tournament



## Coaches Information Form

**Tournament Location:** Brooks Middle School

**Tournament Date:** Sunday, March 5, 2023 (Time TBA: Pending Team Registration Total)

**Practice Locations:** Bolingbrook Park District, Romeoville Rec, and Church gyms.

**Practice Dates:** February 4<sup>th</sup>- March 4<sup>th</sup>

### Coaches Needed:

- We are looking for positive adults, in our community, to coach a teams of 5 to 7 students.
- To give middle school and high school students, who otherwise wouldn't have an opportunity, the chance to play on an organized basketball team, with structured team practices and a tournament.

### Coaching Duties:

- Commit to coaching at least four 60-90minute practices in the month of February.
  - Teams are not limited to 4 practices. Coaching more is awesome!
- Offer high school or middle school students structured practices for:
  - Running Drills
  - Sharpening Fundamentals
  - Creating opportunities to build character on the court. (*Character Counts!*)
- Foster a coaching & mentorship relationship with the students on your team.
- Maintain communication with players, especially in regards to team practices.
- \*Seeking for both male and female coaches for coed, boy's and girl's teams.

### Mandatory Coaches Meeting:

- **Saturday, January 28th, from 9:00-10:30am**
- **Bolingbrook Community Center, Suite A (201 Canterbury Lane)**
- Meeting Agenda
  - Character Counts
  - Tournament Rules
  - Coaches Expectations
  - Practice Ideas & Suggestions
  - Submit Practice Availability to be Matched with a Team
  - *\*Food will be served & laughs will be shared.*

### H2O 3on3 Basketball Committee's Duty to Coaches:

- Supply coaches with information and suggestions for hosting structured practices.
- Supply coaches with practice equipment, including basketballs, cones and a ball pump.
- Committee Member Hosts Player's Orientation Meeting at First Team Practice
  - Tournament Rules, Expectations & Importance of Character Counts Principles