



We cordially invite you to join us for 2025's most exciting and delicious fall 5k!

The Cheesy Pretzel 5k and 1 Mile Fun Walk

Heart Haven OutReach (H₂O) is excited to announce the “Cheesy Pretzel 5k and 1 Mile Fun Walk” will take place on Sunday, October 5th, at The Promenade Bolingbrook, right outside of STAR Cinema Grill! **In partnership with The Promenade Bolingbrook, Bolingbrook Park District, Bolingbrook Chamber of Commerce, PT Solutions and STAR Cinema Grill**, the annual 5k event brings the community together to raise awareness and funding for struggling teens in the greater Bolingbrook, Romeoville and Plainfield areas.

For over 20 years, Heart Haven OutReach has been dedicated to helping teens navigate the challenges of adolescence. **Our free programs are designed to address the mental, emotional, behavioral and social needs of teens, empowering them with the tools they need to succeed. Our no-cost student transportation program ensures that every teen has access, and can consistently attend and receive support.** From mentoring and support groups to character education and recreational activities, we've helped thousands of teens find their path. Your sponsorship support will help us continue to provide these critical services, ensuring that every teen has an opportunity to reach their full potential.

We ask that you please take a moment to consider the impact you could make by being a sponsor for this year's Cheesy Pretzel 5k and 1 Mile Fun Walk. Your support will allow more teens to experience hope through H₂O support groups, 1-to-1 mentoring, and developmental programs. Enclosed with this letter is a list of exciting Cheesy Pretzel sponsorship opportunities and an event flyer with instructions so you can register to join us at the race! For questions or additional information, please call our office at (630)226-8403.

With deepest thanks and appreciation,

Ryan Lawrence
Executive Director

Kathleen Elliott
Board President



SPONSORSHIP FORM

Sunday, October 5th
 Promenade Bolingbrook
 www.CheesyPretzel5k.org
 (630)226-8403

Partnering to Build a Stronger Community, Step by Step!



THANK YOU FOR YOUR SUPPORT!

Name: _____
(First Name) (Last Name)

Company/Organization: _____

Mailing Address: _____
(Street) (City) (State) (Zip)

Email: _____ Phone: (____) _____ - _____

SPONSORSHIP LEVEL: PLATINUM GOLD SILVER BRONZE

2025 SPONSORSHIP OPPORTUNITIES

	PLATINUM \$2,000	GOLD \$1,000	SILVER \$500	BRONZE \$250
Banner at Start/Finish Line	✓			
Logo on All Finisher Medal Lanyards <i>*Early Artwork Deadline: August 22nd</i>	✓			
2 Minute Opportunity to Speak to the Crowd	✓			
Facebook/Instagram ShoutOut Video <i>Option to film it at your business!</i>	✓	✓		
Vendor Tent Space at Event	✓	✓		
Logo on Back of Race Shirts	Large	Medium	Small	
Sign with Logo on Race Course	✓	✓	✓	
Sponsor Announcement During Event	✓	✓	✓	✓
Logo included on Website & E-Blasts	✓	✓	✓	✓
Complimentary Race Entries	10	5		

**All contributions to Heart Haven OutReach are tax-deductible to the fullest extent allowed by law.*

PLEASE SEND SPONSORSHIP FORMS TO:

Heart Haven OutReach
 201 Canterbury Lane, Suite C
 Bolingbrook, IL 60440

CHECKS PAYABLE TO:

Heart Haven OutReach

PREFER TO PAY BY CARD?

Please Call: (630)226-8403

EMAIL LOGO ARTWORK BY SEPTEMBER 12:

info@hearthavenoutreach.org



CHEESY PRETZEL 5K 1 Mile Walk

KNOT YOUR AVERAGE 5K



➔ SUNDAY, OCTOBER 5 ☜

www.CHEESYPRETZEL5K.ORG

5K RUN / 1 MILE WALK / CHEESY PRETZEL BITES / CHARITY OF CHOICE
MUSIC / VENDORS / AWARDS / GIVE-A-WAYS / COMMUNITY

.....
USATF Certified & Chip-Timed 5k

Through The Promenade Bolingbrook and surrounding neighborhoods.
**Strollers are welcome, but for the safety of our runners - pets are not permitted on the course.*

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Charity of Choice Opportunity: Raise money for your favorite non-profit organization!

Pretzel Bites & Cheese From STAR Cinema Grill
For ALL Participants!

Registration Fee:
\$30 – Until Aug. 31st
\$35 – Until Oct. 2nd
\$40 – Oct. 3rd, 4th & Race Day

Dry-Fit Long Sleeve Shirts & Custom Finisher Medals
**First 500 Registered Participants*

Schedule:

- 6:30AM– Packet Pick-Up
- 6:30AM– Day of Registration
- 7:30AM– Group Warm Up
- 8:00AM– 5K Run: Start Time
- 8:05AM– 1 Mile Walk: Start Time

1st, 2nd & 3rd Place Medals



Presented to the top male & top female runners from each age category.

Event Location

Promenade Bolingbrook
619 East Boughton Road
Bolingbrook, IL US 60440

***Start/Finish Line: Near STAR Cinema Grill!**

