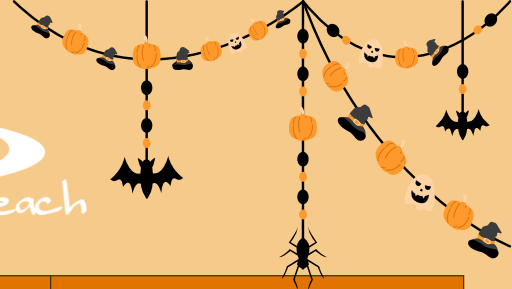


LEVEL UP:
Your Calm

OCTOBER 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS
				1	2 1 to 1 Mentoring by appointment	3	Oct 4th - Cheesey Pretzel 5K and 1 Mile Walk. <u>Start time : 8am</u> Oct 12th - Field Trip - Pumpkin Patch. Time: TBD Oct 29th - Halloween Party Wear your best costume and play fun games!
4 	5 Indigenous Peoples Day NO SCHOOL	6 Support Groups 6:30pm-8:30pm	7	8 Going Deeper 6:30pm-8:30pm	9 1 to 1 Mentoring by appointment	10	
11	12 Field Trip: Pumpkin Patch	13 Support Groups 6:30pm-8:30pm	14	15	16 1 to 1 Mentoring by appointment	17	
18	19	20 Support Groups 6:30pm-8:30pm	21	22 Going Deeper 6:30pm-8:30pm	23 1 to 1 Mentoring by appointment	24	
25	26	27 Support Groups 6:30pm-8:30pm	28	29 Halloween Party 6pm-8pm NO SCHOOL	30 1 to 1 Mentoring by appointment NO SCHOOL	31 	ATTENTION STUDENTS: <i>In order to participate in this month's programs—you must be registered with H2O. Students must sign up online for each program they would like to attend. Transportation is limited.</i> <u>Support Groups and Going Deeper activities are for Middle school and High school students</u>

